

---

**Suggested**

**Reading/**

**Resources**

# **Birth Control**

---

## **Books**

Many of these books are available through your local public library system and SERC.

*Sex Sense (2<sup>nd</sup> Edition): Canadian Contraception Guide.* The Society of Obstetricians and Gynaecologists of Canada, 2005.

*Our Bodies: A New Edition for a New Era.* The Boston Women's Health Book Collective, 2005.

## **Pamphlets**

*Birth Control Pamphlet Series.* ETR Associates - [www.etr.org](http://www.etr.org)

*If You Are a Man*

*Talking with your Parents*

*Talking with your Son*

*Talking with your Daughter*

*Birth Control Fact Sheet Series* (on all methods). Sexuality Education Resource Centre.

## **Websites**

Canadian Federation for Sexual Health: [www.cfsh.ca](http://www.cfsh.ca)

Sexuality Education Resource Centre Manitoba: [www.serc.mb.ca](http://www.serc.mb.ca)

The Society of Obstetricians and Gynecologists of Canada: [www.sexualityandu.ca](http://www.sexualityandu.ca)