

Sexuality Education Resource Centre

Sexuality and Intellectual/Developmental Disabilities Resource List

Resources for Parents

I Openers: parents ask questions about sexuality and children with developmental disabilities, David Hinsburger, 1993.

SERC call No.: 3.13 HIN

Sexuality: Your sons and daughters with intellectual disabilities,

Karin Melberg Schwier, 2000.

SERC call No.: 3.13 MEL

Babies with Down's Syndrome: A new parent's guide, Karen Stray Gundersen, 1986.

SERC call No.: 3.13 BAB

Sexuality and Your Disabled Child: For one and all, Sue Mcleod, 1985.

SERC call No.: 3.13.11 MAC

Curricula

Circles: Intimacy and Relationships, James Stanfield Co., 1993.

Teaching photos, 12 videos, colored circles floor mat, laminated icons, and guide for education about social distance, relationships, and levels of intimacy.

The Facts of Life and Living: A curriculum that promotes social and sexual awareness for persons with disabilities, Linda Colley & Linda Howden, 1988.

SERC call No.: 3.13 COL

LifeFacts 1: Sexuality and LifeFacts 2: Sexual Abuse Prevention, Nancy Cowardin and James Stanfield, 1989. Manuals, slides, and excellent teaching pictures.

For use with adolescents and adults. SERC call No.:3.13.1 COW

Sexuality, Relationships and Me, Canadian Down's Syndrome Society, 1999.

Eight booklets for young adults on such topics as body changes, masturbation and privacy, pregnancy, STIs, intimacy, and sexual hurting. May need to be read to/with the child/client. SERC call No. 3.13 SPD

STARS: Skills Training for Assertiveness and Relationship-Building and Sexual Awareness, Susan Heighway, Susan Kidd Webster, 1998.

A program promoting positive sexuality and preventing sexual abuse for adults with developmental disabilities.

SERC call No.: 3.13 SPD

STARS 2 for Children: A Guidebook for Teaching Positive Sexuality and Preventing Sexual Abuse for People with Developmental Disabilities, Susan Heighway, Susan Kidd Webster, 1993.

A guidebook for teaching positive sexuality and the prevention of sexual abuse for children with developmental disabilities.

SERC call No. 3.13 SPD

Staff Background and Training

The Ethics of Touch, David Hingsburger & Mary Harber, 1998.

Establishing and maintaining appropriate boundaries with people with developmental disabilities. Two videos and manual. SERC call No. 3.13.1HAR

First Contact: Charting inner space with people who have significant disabilities,

David Hingsburger, 2000. Ideas for establishing contact with people who have significant disabilities. SERC call No. 3.13.1HIN

Just Say Know!, David Hingsburger, 1995.

Explores the victimization of people with disabilities and helps reduce the risk of sexual assault. SERC call No. 3.13.1HIN

Power Tools: Considering Power, David Hingsburger, 2000.

An examination of the dynamics of power in human services.

SERC call No. 3.13.1HIN

Promoting Healthy Sexuality and Social Skills Development for Children and Young People with Disabilities, Barbara J. Bain, ---.

Teaching tips and resource listings. 1-800-331-1533.

SERC call No.: VF3.13Dis

Sexuality Education Resource Manual for Support Workers of People with Developmental Disabilities, Calgary Birth Control Association, 2000.

Background reading on sexual health issues for service providers working with PWI/DD.

SERC call No.: 3.13.1

Socialization and Sexuality, Winifred Kempton, 1998.

A comprehensive training guide for professionals helping people with disabilities that hinder learning.

SERC call No.: 3.13 SPD

Talking Sex! Practical approaches and strategies for working with people who have developmental disabilities when the topic is sex, Lisa T. Maurer, 1999.

Rationale, overview, presentation notes and transparency masters.

SERC call No.3.13.1MAU

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Additional Resources...

F.L.A.S.H.: Family Life and Sexual Health curriculum for grades 5-10,
Jane Stangle, 1991. Lesson plans, guidelines, transparency masters and handouts.
Seattle-King County Dept. of Public Health. (206) 296-4672.

Janet's got her period, Ricci Swart, 1990.
Video with storybook, resource book; provides practical guidelines for dealing with
menstruation; video gives demo of changing a pad. (Australian)

Hygiene, James Stanfield Co., 1996.
Four good videos on personal hygiene, ie. shower, teeth, dress (20 mins. each).

Life Horizons, Winifred Kempton, 1988.
Two boxed kits containing videos, guides, and slides.
#1 physiological and emotional aspects of being male and female
#2 moral, social and legal aspects of sexuality

Smart Trust: essential information about life for persons with special needs,
James Stanfield Co., 1992.
Strategies to avoid financial, social, physical and emotional exploitation. Includes
appendix on scams, authority, shoplifting, etc.

TIPS: Telling it plain and simple, Mary Harber, 199--.
Tips for parents and for the classroom.