
Suggested

Reading &

Resources

Sexually Transmitted Infections

Books

Many of these books are available through your local public library.

Bye-Bye Secrets: A Book About Children Living with HIV or AIDS in their Family. The Group of Five, 2006.

Changing Bodies, Changing Lives. Ruth Bell, 1998.

Emerging Answers 2007: Research Findings on Programs to Reduce Teen Pregnancy and Sexually Transmitted Diseases. Campaign to Prevent Teen and Unplanned Pregnancy, 2007.

In My Quiet Space: A Based-on-reality Fiction about HIV Transmission and Discrimination. The Canadian HIV/AIDS Information Centre (CPHA), 2005.

Our Bodies, Ourselves: A New Edition for a New Era. The Boston Women's Health Book Collective, 2005.

The Teenage Body Book. Kathy McCoy, PhD, & Charles Wibbelsman, MD, 2008.

Sexually Transmitted Diseases. A physician tells you what you need to know, 2nd edition. Lisa Marr, MD, 2007.

Pamphlets

STI Sexually Transmitted Infections. Public Health Agency of Canada. Available: www.catie.ca

FAQs about HIV/AIDS (fact sheet series, listed under Preventing HIV) www.catie.ca

Videos

Just Like Me: Talking About AIDS. Films for the Humanities and Sciences, 1999.

Websites

Canadian AIDS Society: www.cdnaids.ca

Canadian Federation for Sexual Health: www.cfsh.ca

Sexuality Education Resource Centre Manitoba: www.serc.mb.ca

Manitoba Health CDC Statistical Updates

<http://www.gov.mb.ca/health/publichealth/cdc/surveillance/>

Canadian AIDS treatment information www.catie.ca

American Social Health Association www.ashastd.org

Further information

AIDS/STI Info Line **Winnipeg:** 945-2437 **Outside Winnipeg:** 1-800-782-2437
(Monday to Friday 9:00am – 6:00pm)

Provides information and free literature on HIV/AIDS and other sexually transmitted infections.

Winnipeg Regional Health Authority STI Line 940-2200
(Monday to Friday 8:30-noon and 1:00-4:30)

E-mail: Ask a Question at thefactsoflife@serc.mb.ca

Provides confidential and nonjudgmental information about sexuality, birth control, relationships, STIs, pregnancy options.

Your local **Public Health Office** or Community Health Representative:

www.gov.mb.ca/health/publichealth