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**Suggested**

**Reading/**

**Resources**

# **Pregnancy Options**

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## **Books**

Many of these books are currently available through your local public library system.

“So You Think You Might Be Pregnant” by Joanne Gates from *Changing Bodies Changing Lives*, page 313. Ruth Bell. Random House Inc., 1998.

*Our Bodies: A New Edition for a New Era.* The Boston Women’s Health Book Collective, 2005.

## **Pamphlets**

*Pregnant? Choice is...* Women’s Health Clinic

*Am I Parent Material?* ETR Associates; [www.etr.org](http://www.etr.org)

*Your Choice for Your Reasons.* Healthy Child Manitoba 1-888-848-0140

*Sex – You Decide.* Healthy Child Manitoba 1-888-0140

*Adoption Program.* Winnipeg Child & Family Services:  
[www.gov.mb.ca/fs/childfam/birth\\_parent\\_counselling.html](http://www.gov.mb.ca/fs/childfam/birth_parent_counselling.html) (CFS Birth Parent Counselling)

## **Websites**

Canadian Federation for Sexual Health: [www.cfsh.ca/Your\\_Sexual\\_Health/Pregnancy/](http://www.cfsh.ca/Your_Sexual_Health/Pregnancy/)

Canadians for Choice: [www.canadiansforchoice.ca](http://www.canadiansforchoice.ca)

Child and Family Services Adoption Information: [www.gov.mb.ca/fs/childfam/adoption.html](http://www.gov.mb.ca/fs/childfam/adoption.html)

Manitoba Women’s Advisory Council Guide to Parenting on Your Own:  
[www.mwac.mb.ca/parent.html](http://www.mwac.mb.ca/parent.html)

Sexuality Education Resource Centre Manitoba: [www.serc.mb.ca](http://www.serc.mb.ca)

Women’s Health Clinic: [www.womenshealthclinic.org/bc-up.html](http://www.womenshealthclinic.org/bc-up.html)