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**Suggested**

**Reading/**

**Resources**

# **Sexuality Education: for Parents with Young Children**

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## **Books**

Many of these books are available through your local public library system.

### ***FOR PARENTS...***

*Familyhood: Nurturing the Values that Matter.* Dr. Lee Salk, 1992.

*From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children.* Debra Haffner, 2000.

*Raising a Child Conservatively in a Sexually Permissive World.* Sol Gordon and Judith Gordon, 1989 (revised).

*Straight Talk: Sexuality Education for Parents and Kids 4-7.* Marilyn Ratner, 1987.

*The Family Book about Sexuality.* Mary Calderone and Eric Johnson, 1989.

### ***FOR CHILDREN...***

*Heather Has Two Mommies.* Lesléa Newman, 1989, 2000.

*How Was I Born?* Lennart Nilsson and Lena Katarina Swanberg, 1993.

*It's So Amazing: A Book about Eggs, Sperm, Birth, Babies, and Families.* Robie H. Harris, 2002.

*Made With Love: How Babies Are Made.* Kate Petty, 2003.

*My Two Uncles.* Judith Vigna, 1995.

*The Bare Naked Book.* Kathy Stinson, 1986 (reprinted 1997).

*Where Babies Come From.* Rosemary Stones, 1989 (reprinted 1997).

*Where Did I Come From?* Peter Mayle, 1973. (also on video)

*Where Do Babies Come From?* Margaret Sheffield and Sheila Bewley, 1984.

*Who's In a Family?* Robert Skutch, 1995.

*Zack's Story: Growing Up with Same-Sex Parents.* Keith Elliot Greenberg, 1996.

## Videos

Available through the Winnipeg Public Library system and SERC.

*Sex Spelled Out for Parents Video Series*, B.C. Ministry for Children.

## Pamphlets

Copies available from Sexuality Education Resource Centre; quantities limited.

*Ten ridiculous ideas that could make a grandparent out of you.* Planned Parenthood Oklahoma

*Touch and Sexual Abuse: How To Talk to Your Children.* ETR Associates ([www.etr.org](http://www.etr.org)).

## Websites

Canadian Federation for Sexual Health: [www.cfsh.ca](http://www.cfsh.ca)

ETR Associates – an excellent resource for pamphlets: [www.etr.org](http://www.etr.org)

SERC (Sexuality Education Resource Centre Manitoba): [www.serc.mb.ca](http://www.serc.mb.ca)

Families Are Talking newsletter (SIECUS): [www.familiesaretalking.org](http://www.familiesaretalking.org)

Talking With Kids: [www.talkingwithkids.org/local.html](http://www.talkingwithkids.org/local.html)